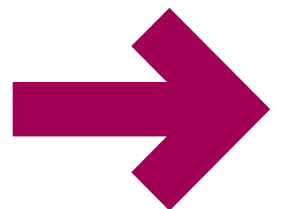


*Improving Health /
Reducing
Reoffending:
Complementary
Outcomes*

- **Andrew Cass**
- **Gateways Project Lead**
- **NHS England**

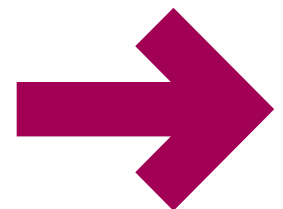
Contents

- Connections between health and offending
- Background information
- Consideration of the drivers of behaviour
- How can efforts to improve health contribute to reducing reoffending?



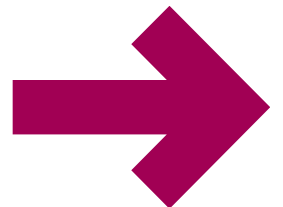
Some Basics...

- Offenders and their families are likely to be exposed to a range of risk factors for social exclusion and poor physical and mental health.
- Interventions that focus only on individual such as health, to the exclusion of the broader landscape of housing, employment, education, or social networks, will be unlikely to deliver the necessary change to turn their lives around.
- Those in prison often serve multiple and relatively short term sentences meaning that prisoners' health and the public's health are inextricably 'intertwined'



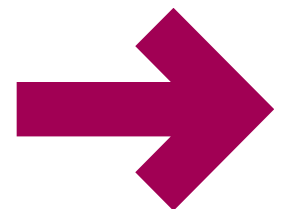
Some Stats...

- Out of a Cheshire caseload of 1307:
 - 470 assessed as having an issue with alcohol
 - 423 with drugs
 - 814 with some form of emotional wellbeing issue
 - 508 with health problems



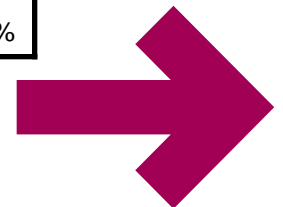
Some More Stats...

| Are you managing ok with... | % |
|--|-----|
| Healthy eating? | 18% |
| Weight management? | 23% |
| Sensible / safe drinking? | 18% |
| Exercise and physical activity? | 23% |
| Basic hygiene? | 9% |
| Sexual health? | 8% |
| Contraception (family planning)? | 13% |
| Parenting issues? | 18% |
| Basic screening (diabetes, cholesterol, blood pressure)? | 19% |
| Anxiety / stress? | 32% |
| Anger management? | 23% |
| Depression? | 28% |
| Eyesight? | 13% |



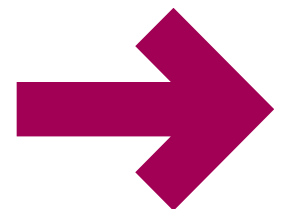
...And A Few More

| Have you accessed... | % |
|--|-----|
| GP in the past 12 months for your own health? | 78% |
| Health Trainer in the past 12 months for your own health? | 4% |
| Community Nurse in the past 12 months for your own health? | 15% |
| Dentist in the past 12 months for your own health? | 49% |
| Optician in the past 12 months for your own health? | 25% |
| Chiropody service in the past 12 months for your own health? | 5% |
| Mental Health Service in the past 12 months for your own health? | 25% |
| Therapy service in the past 12 months for your own health? | 11% |
| A&E in the past 12 months for your own health? | 30% |
| Out patient hospital consultation in the past 12 months for your own health? | 22% |
| Hospital day case operation in the past 12 months for your own health? | 7% |
| Sexual health or GUM clinic in the past 12 months for your own health? | 8% |
| Web based service in the past 12 months for your own health? | 6% |
| Telephone helpline in the past 12 months for your own health? | 16% |
| Emergency services in the past 12 months for your own health? | 17% |
| Any other health service in the past 12 months for your own health? | 2% |



Identified Drivers of Behaviour: Health

- Age, gender
- Individual Lifestyle Factors
- Social and Community Influences
- Living and Working Conditions



Identified Drivers of Behaviour: Offending

accommodation

education, training and employment

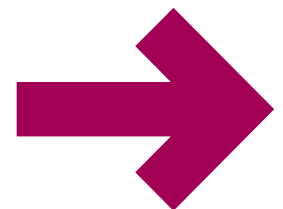
mental and physical health

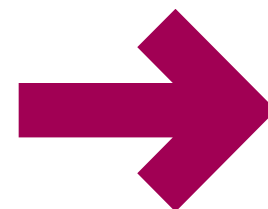
drugs and alcohol

finance, benefit and debt

children and families

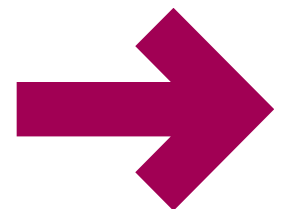
attitudes, thinking and behaviour





Complementary Outcomes

- Identified strategic connection
- Individual development
 - Motivational support
 - Improve social integration
 - Feelings of self worth and importance
- Asset based approaches
 - Accommodation
 - ETE
 - Recovery Community



Thank You

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