Support 4 Change

A Working Model of Integrated Access to Care & Support Services

Julie Palin and Tess Clancy









- We offer an alternative to custody for those with low to moderate level Mental Health needs.
- We deliver tailored one-to-one support aimed at identifying underlying problems and reducing vulnerability and developing self esteem.
- By establishing trust and dealing with the underlying issues and causes of offending, the client is offered a new path.

"A Novel, Unique and Positive Approach"

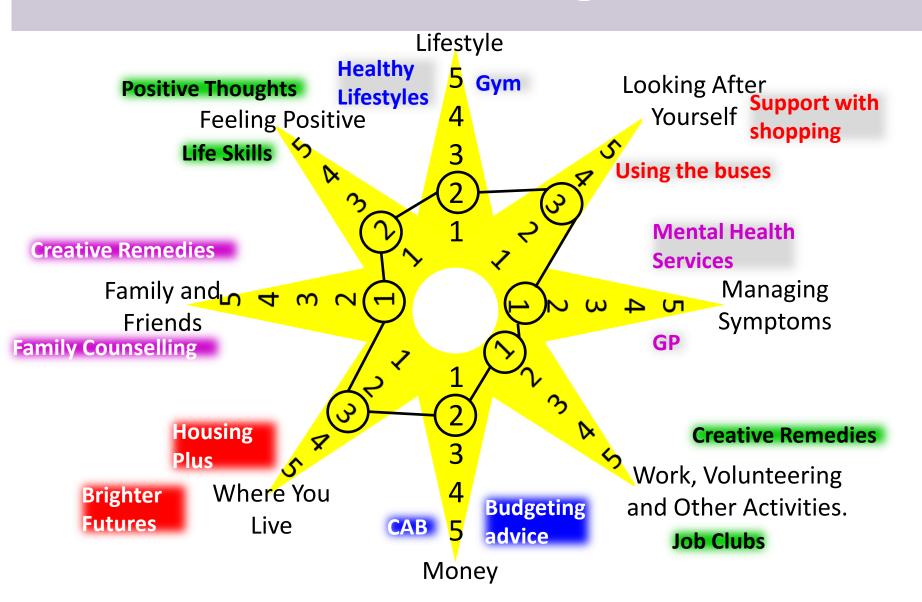
- Person centred NOT prescriptive.
- Working partnerships between WBC, Probation, Health, NOMS and CJS.
- A collaborative approach to balance the needs of the individual with the aims of the project...



"The intervention"

- Once order is made an induction to the order and Star Assessment is completed – identifying key areas for intervention.
- This is transferred into personal goal setting/action plan.
- 1:1 work with person to achieve personal goals.
- Completion of the Rolling programme = 6 sessions.
- End of 12 week intervention star assessment recompleted and scoring analyzed.

The Wellbeing Star



"I feel much more confident".

- "[I was] introduced to groups within the community that I did not think existed".
- "The Life skills course was fun and helped build my confidence".
- "Life Skills was thought provoking, and interesting".

"The Project's impressive outcomes"

"In my past experience offender compliance has been an issue; however, Support 4 Change has increased compliance dramatically by meeting the specific needs of the offender." – Andrew Pownall (Offender Manager).

"Support 4 Change has stopped the cycle of reoffending [known as] the 'revolving door effect' and as a result is responsible for substantial savings to the public purse!" – DSI Giles Orton.

"The Project's impressive outcomes"

...The Project's impressive outcomes are, in my view, a reflection of the strength of the joint working arrangements between the Probation Service and our local Criminal Justice Liaison Team and the highly supportive and individually tailored activity requirements that magistrates, on the recommendation of Probation, have been able to set within Community Orders."-Bill Ravenscroft (Magistrate)

"The Wellbeing of *Every* Client has Improved"

- Early intervention has helped to stop the deterioration of mental health problems and prevent new or increased criminal activity.
- We have invested in a client group who ordinarily would not meet the criteria for social support.
- Support 4 Change targets those at risk in the community, as well as offenders, thus reaching the most socially excluded and helping to reduce stigma.

"The Wellbeing of *Every* Client has Improved"

- An analysis of our Star Assessments indicated that **100**% of clients showed an improvement in their emotional wellbeing.
- The National Offender Management Targets 2013/14 were exceeded by 240% and currently we are 126% against this years target for completions.
- The Repeat Offending Rate for completions from April 2014 is 5.26% compared to the recorded Average of 9.16% for Cheshire.

"Future developments"

• NHS England have extended our funding for 2014/15 to expand the project, enabling us to offer the intervention to Halton residents. This will be rolled out and available to sentencers' October/November 2014.



Paul was referred to Support 4 Change last summer. Initially he was very negative about the Criminal Justice System and...

