

Mental Health Needs Assessment of Adopted Children / Young People Eastern & South Cheshire CCGs

"..I am really delighted with the work you have produced".
Clinical Projects Manager, NHS
Eastern Cheshire CCG



Outcomes & added value

Journey mapping workshops with strategic stakeholders identified critical service 'touch points' and improvement ideas. One-to-one interviews with parents/carers provided emotional insight and lessons for commissioners. The project led to:

- Greater understanding of need, through awareness raising at local improvement planning events and strategic meetings.
- Easy access to local intelligence, via a bespoke website. See:

www.researchmlr.co.uk/adoptedcyp-mentalhealth

Overview

Gaps in the identification and understanding of mental health needs of adopted children and young people (CYP) were identified in Local Transformation Plans for CYPs Mental Health, developed with partners by both NHS Eastern Cheshire Clinical Commissioning Group (CCG) and NHS South Cheshire CCG in late 2015.

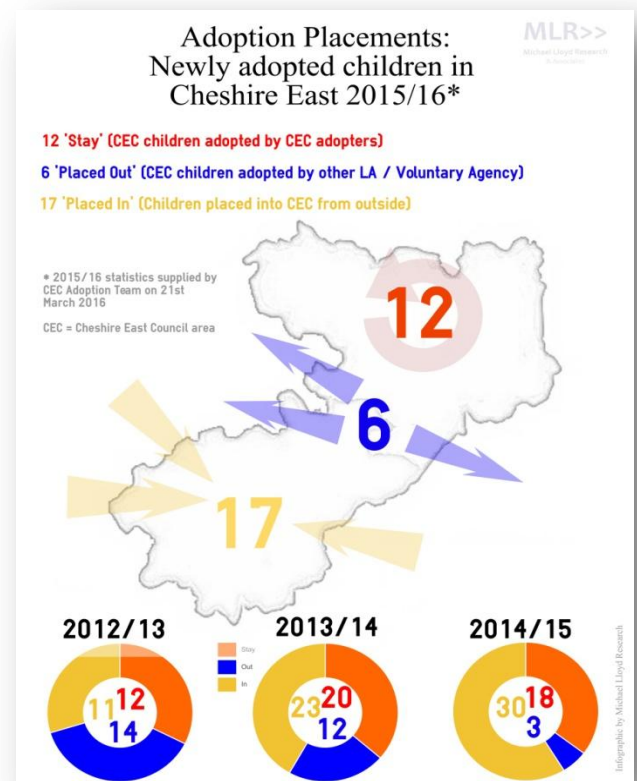
We were asked to undertake a mental health needs assessment (MHNA) to support the development of a greater local knowledge base.

A participative method was adopted, focusing on perceptions of need and system improvements.

What we did

Through meshing together evidence on mental health needs with findings from fieldwork (engaging a range of stakeholders: including families/carers of adopted CYP, staff and experts working in mental health services; and strategic leads) we were able to:

- Summarise evidence on mental health needs and 'what works'.
- Integrate findings from fieldwork, to present an holistic overview of need.
- Recommend actions for improvement.



More information

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