

# JOURNEYS TO RECOVERY

## Impact evidence: Tom Harrison House veterans

### Military veteran research



### Overview >>

Working with Tom Harrison House (THH) staff and service users, costed journey map 'case studies' were co-produced, illustrating the routes to recovery that service users took alongside alternative paths or scenarios.

This exercise built on previous evidence gathering work with THH over several years - from delivery of a full independent evaluation in 2014/15 through to monitoring support in 2018/19.

### What we did >>

Journey maps were built by reviewing seven service user's 'life events', from military service through to addiction recovery.

Interviews with service users and staff provided a unique perspective on military veteran addiction, impact, costs and recovery.

Once an individual's journey from military service through to the present day had been mapped for service 'touch points', consistent unit costs were then applied to the duration of events when they came into contact with health services, criminal justice and other support services. Likewise, estimates were generated for scenarios that could have happened if they hadn't been supported by THH.

### Findings & outcome >>

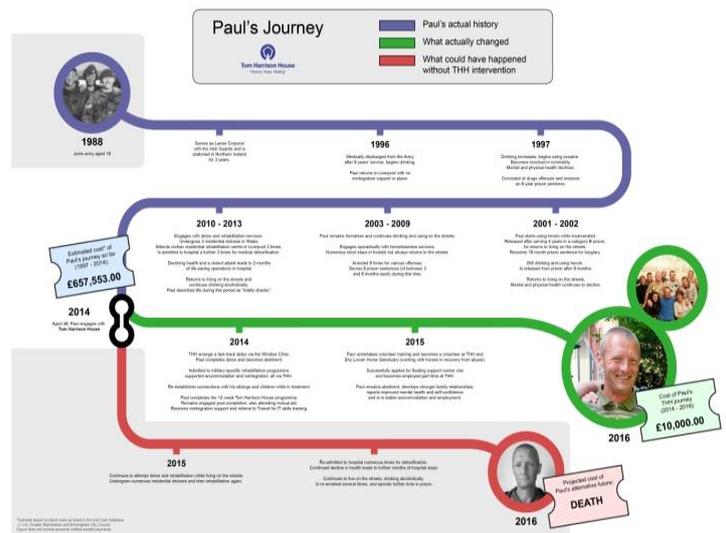
The length of journey through addiction and the frequency of interaction with support services varied greatly, reflecting the diverse range of ex-service personnel that THH work with, and the range of alcohol and drug addictions presented.

The contrast in substance misuse problems, duration and impact is evident in the case studies:

- one journey map reveals how drink began to gradually take hold and impact on everything from family life, health, stable work and wellbeing;
- another explains how almost 20 years on methadone impacted on an isolated individual who struggled to hold down jobs as his drug habit escalated, & ultimately led to a life sleeping rough.

For one service user the 'crisis cost' associated with his 17 year route to recovery was estimated at £657,000. The findings from this particularly complex journey mapping example was presented to Government officials by THH managers, and this evidence proved pivotal in THH securing grant funding.

More on the valuable support THH offer is on their website [here](#)



### More information >>

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